



GOSHH

Gender Orientation Sexual Health HIV

Based in Limerick City, we provide a person-centred approach to support, information and advocacy.

GOSHH is a charity which provides a safe, confidential, welcoming environment for everyone we work with.

Our office is based in Limerick City and we work throughout the Counties of Limerick, Clare, and North Tipperary.

We focus on the promotion of equality and wellbeing of all with a positive and respectful approach to sexual orientation and gender diversity.

Formed in 1989, Limerick AIDS Alliance operated until 1994 when the name changed to Red Ribbon Project reflecting the breadth of sexual health services provided throughout the Mid-West of Ireland.

Gay Switchboard Limerick was founded in 1986 and became Rainbow Support Services in 2001 reflecting the wide variety of identities supported throughout the Mid-West of Ireland.

Both projects joined together in 2013 and became GOSHH in 2014.

Our vision is to create an environment where the mental, emotional, physical, and social wellbeing of everyone is promoted and sexual rights are respected, protected, and fulfilled.

Redwood Place, 18 Davis Street,
Limerick.
(061) 314 354



Inner Voice, Inner Journey

Inner Voice Inner Journey

Therapy Centre Based in Dublin & Limerick City.

5/6 Capel Street, Dublin, Ireland D01TH76

<https://linktr.ee/innervoiceinnerjourney>

<https://www.instagram.com/ivijtherapycentre/>



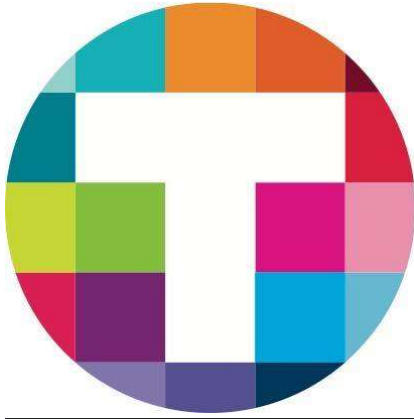
Belong To Youth Services

BeLoNG To's vision is for an Ireland where Lesbian Gay Bisexual & Transgender young people are empowered to embrace their development and growth confidently and to participate as agents of positive social change in their own environment.

To enable this to happen BeLoNG To provides safe and fun youth work services to LGBT young people in Ireland (14-23) which:

- Facilitate them through exploration, development and growth.
- Enable them to access all their rights as equal citizens.
- Empowers them to participate as agents in positive social change.

13 Parliament Street
Dublin.
(01) 670 6223



TENI- Transgender Equality Network Ireland

TENI is a non-profit organisation supporting the trans community in Ireland in all its variety. To improve conditions and advance equality for trans people in Ireland through support, education and advocacy.

TENI engages in activities that promote the equality and well-being of trans people in Ireland. TENI works in three main areas:

(1) Support: Offer a range of support services that aim to increase the well-being of trans people and their families by providing support that mitigates common experiences of isolation, misunderstanding and exclusion.

(2) Advocacy: Advocate across legal, medical, societal and political structures to ensure that policy development and legislative reform reflects the positive recognition of trans inclusion, rights and equality.

(3) Education: Provide workshops and trainings that increase awareness, understanding and inclusion of trans issues across key sectors of Irish society.

TENI, 10 Ellis Quay, Dublin 7
Dublin, Ireland
(01) 873 357



LGBT Lawyers Association of Ireland

Legal issues affecting the LGBT community in Ireland. To provide support to lesbian, gay, bisexual and transgender, facilitate legal research and support other LGBTI rights organisations.

The Association provides an LGBT Free Legal Advice Centre which runs on the first Tuesday of every month from 7-8:30pm from the Outhouse on Capel Street, Dublin 1.



Out in UL

Out in UL is the LGBTQ+ (lesbian, gay, bisexual, transgender, queer+) society of UL. We seek to provide a safe and friendly environment of support to all LGBTQ+ in UL, as well as provide information on different aspects of the LGBTQ+ community.

Hey guys, welcome to University of Limerick! Out in UL is the LGBTQ+ (lesbian, gay, bisexual, transgender, queer, +) society of UL. We seek to provide a safe and friendly environment to support the LGBTQ community. Anyone is welcome to join, it's not just closed off to the LGBTQ members of the college (this means that if you're nervous about coming to a meeting and want to bring your straight friend for support, that's ok. We won't chase them away with sticks).

WHAT DO WE OFFER? We host a range of activities throughout the year. We have weekly members' meetings where you can get to know everyone and tell us what you want to get out of the society.

We host various workshops such as sexual health, homophobia, coming out, awareness past the LG, and many more. We also go on a wide range of trips to Dublin Pride and various queer events around the country. We host a huge number of events throughout the year. Our annual events include Rainbow Week, Alternative Miss UL, Sparkles, and Queerbash.

For anyone who doesn't feel confident enough to come to meetings, you can email us and arrange to talk to a member of our committee one on one. We also provide access to coming out workshops and one-on-one talks with our LGBTQ liaison officer, Ger Hanly.

Out in UL follows a strict rule of confidentiality, so anyone who is not out can come along, take part and not worry about being 'outed'. This is an environment where you can feel secure in yourself without worrying about what others may think. And you can talk to any member of the committee at any time. We're a big family, and we're all here for each other!

WHY JOIN OUT IN UL?: If you are interested in the vibrancy and diversity that defines LGBTQ culture and community, Out in UL is the place for you. Our 2016/17 calendar is already jam-packed full of events, workshops, trips, and much more. We also have our Coming Out website (link below), and our Befriender Service, open to any curious or questioning minds. Our main aim is to help LGBTQ students at the University of Limerick have the absolute BEST student experience possible. Because college is the best time of your life, and nothing should keep you from making the most of it!

HOW TO CONTACT US? You can hit us up, check us out or get your stalk on at any of these fine internet hotspots:

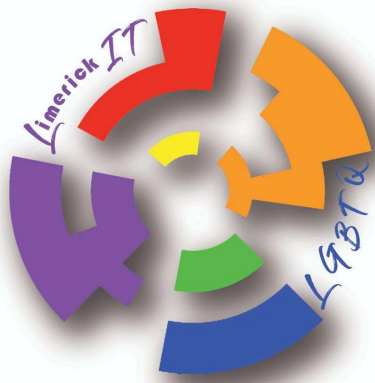
Web: <http://www.outinul.ie>

Web 2: <http://www.comingoutinul.wordpress.com>

Email: outinul@gmail.com

No matter who you are or who you love, we offer an environment where you can be the person you are, a place where you can be you. And the banter is mighty!

Ciara Gordon and Seán Lynch,
Co-chairpersons.



L.I.T is Out (LGBT Society)

We are an inclusive group of L.I.T. students who identify as pro-equality & seek to create a safe & friendly campus for all students and staff regardless of whether they identify as Lesbian, Gay, Bisexual, Trans* or Straight

Some of our aims include:

To create comfortable spaces where students can make friends knowing that LGBT identities are valued and respected

To raise awareness on campus of local LGBT resources including social and support services

To facilitate student involvement in the campaigns and training (especially Pink Training) of the Union of Students Ireland

To provide a mechanism for LGBT students to feedback to L.I.T. about their experiences, both positive and negative, about their time at the college

To highlight and eradicate homophobia, biphobia and transphobia on campus.

Moylish Campus
Limerick.

Men's Aid Ireland

Men's Aid Ireland provide a confidential service underpinned by a victim centric and human rights proofed approach aimed at ensuring all male victims of Domestic Violence / Coercive Control receive the required support to be safe. Men's Aid support those victims who, from a gender perspective, primarily identify as male, including non-binary, intersex and transgender men within its support and services provision. However, we also acknowledge our responsibility to support all victims of domestic violence / coercive control and will provide 'support to report' for any victim, irrespective of gender, by referral to the most relevant of our civil society partners, with the informed consent of the victim.

National Confidential Helpline - [01 554 3811](tel:015543811)

Email - Hello@mensaid.ie Monday - Friday: 9am - 5pm Website: www.mensaid.ie

Gay Switchboard Ireland

Gay Switchboard Volunteers provide confidential listening, support & signposting for lesbians, gay men, bisexual & trans people, as well as anyone who needs to discuss issues relating to sexuality.

01-8721055

www.gayswitchboard.ie

G-Force

The aim of G-force is to provide a confidential support structure for LGB members, both personally and professionally, within An Garda Síochána

<http://www.g-force.ie/>

Greenbow LGBT Society of Ireland

Greenbow LGBT Society of Ireland is a registered charity run for the benefit of all Deaf LGBT adults all over Ireland.

Phone: 01 8749148

deafgreenbowlgbt@yahoo.ie

<https://www.facebook.com/GBWDeafLGBT/>

Irish Pink Adoptions

Irish Pink Adoptions aims at providing support information for “pink” (LGBT) families-to-be, or who already are.

contact@IrishPinkAdoptions.com

<http://irishpinkadoptions.wordpress.com/>

LGBT Pavee

Gay Traveller and Roma resource and information site.

<http://lgbtpavee.yolasite.com/>

LOOK (Loving Our Out Kids)

LOOK, provides support to families and friends of gay, lesbian, bisexual or transgendered (LGBT) people.

(087) 253 7699

<http://www.lovingouroutkids.org/>

Cork

Gay Project Cork

The Cork Gay Project is committed to providing a quality service to LGBT persons and their families, embracing community development principles(021) 4304884

padraig@gayprojectcork.com
<http://gayprojectcork.com>

LINC

LINC is the only community development organisation working exclusively with Lesbian and Bisexual women in the Republic of Ireland.

021-4808600

info@link.ie

www.link.ie

Galway

Amach LGBT

A volunteer run organisation which represents and campaigns on behalf of the lesbian, gay, bisexual and transgender community in Galway City and County.

info@amachlgbt.ie

<http://www.amachlgbt.com/>

Kerry

Ciarrai Amach

Community organisation promoting the rights and visibility of the Kerry LGBT Community

086 0788260

ciarraiamach@gmail.com

<https://sites.google.com/site/kerrygayandlesbianproject/home>

Tipperary

Stronger Together South Tipperary

A voluntary and community LGBT group in the South Tipperary Area.

0860529230

gbsouthtipp@gmail.com

<https://www.facebook.com/strongertogether.southnorthtipperary>

Dublin Lesbian Line

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